

PRESCRIPTION FOR HEALTH

Walk Roll Run

2019
July 1st



Date: July 1, 2019

Where: White Valley Community Hall
2250 Shields Avenue, Lumby

Registration: 8:00 am

Event Starts: 9:00 am

Family Fun Event

Canada Day

1 KM Walk / Roll - 3 KM Walk / Run - 5 KM Run

Online Registration & Information: lumbyhealthcentre.org

Or Call 250-547-9741 Lumby Health Centre for Registration Form



- Silent Auction
- Complimentary Breakfast for Participants

Lumby & District Health Services Society
In Partnership with
Village of Lumby Canada Day Festivities

